

COMPONI IL TUO Poke

SMALL
13€
1 PROTEINA

MEDIUM
15€
2 PROTEINE

LARGE
17€
3 PROTEINE

A

**SCEGLI
LA BASE**

1 scelta



Riso bianco



Crazy rice



Nachos



Wrap



Riso venere
(+1€)



Lattuga

B

**SCEGLI LE
PROTEINE**



Salmone



Tonno



Polpo marinato



Salmone scottato



Tonno tataki



Gamberi al vapore



Verdure in tempura



Uovo sodo



Capesante scottate



Pollo al grill

SMALL 1 proteina | **MEDIUM** 2 proteine | **LARGE** 3 proteine

C

**SCEGLI I
CONDIMENTI**

5 scelte



Edamame



Goma Wakame



Feta greca



Pomodorini



Tobiko



Carote



Mais



Ananas



Mango



Avocado



Erba cipollina



Arance



Peperoni



Surimi di granchio



Cipolla rossa



Fragole



Zenzero marinato



Philadelphia



Jalapeño



Cipolla in agrodolce



Pico de gallo



Cavolfiore



Mandarino



Ananas confit

D

**SCEGLI IL
TOPPING**

2 scelte



Sesamo tostato



Mandorle tostate



Granella di nocciole



Cipolla croccante



Mix frutta secca



Wonton chips



Anacardi



Platano chips



€
SCEGLI LA SALSA
 1 scelta

 Tropical teriyaki	 Spicy mayo	 Wasaby mayo	 Sriracha
 Mango Guarapita	 Agrodolce	 Ceviche	 Sesame mayo
 Tradizionale	 Ponzu piccante	 Mostarda al miele	 Agua Loca
 Spicy Gochusang	 Kewpie mayo		



POKE

dello chef

13
EURO



SPECIAL POKE

Ananas confit, avocado, plátano chips, mais, edamame, salmone, cavolfiore, sesamo tostato

15
EURO



TROPICAL

Avocado, edamame, salmone, tobiko, mango, carote, ananas, surimi di granchio, sesamo tostato

A light blue bowl filled with a variety of fresh ingredients including green edamame, yellow mango, orange carrots, green spinach, and a piece of tempura. The bowl is garnished with two large green leaves.

14
EURO

AMAZONICA
Verdure in tempura, carote, avocado, mango,
wakame, edamame, cipolla croccante

A light blue bowl containing salmon, steamed shrimp, green edamame, yellow mango, and red onions. The bowl is garnished with two large green leaves.

16
EURO

AGUA LOCA
Tonno, gamberi al vapore, salmone, mango,
edamame, erba cipollina, cipolla rossa,
sesamo tostato, cipolla croccante

A light blue bowl with salmon, steamed shrimp, green edamame, yellow mango, green spinach, and red onions. The bowl is garnished with two large green leaves.

15
EURO

CARAIBI
Tonno, avocado, edamame, mango, tobiko,
wakame, cipolla rossa, sesamo tostato,
frutta secca